

POST OP INSTRUCTIONS FOR OTOPLASTY (EAR PINNING)

- When your child returns home after surgery and feels like eating, you may want to offer him bland foods to begin with. (toast, jello, clear juices) If he tolerates these first offerings well, then you can begin to slowly advance him to richer foods as tolerated.
- Your child's activity should be kept to a minimum for the first week after surgery. No rough play, jumping, running, jungle Gyms, etc. This is a good week to watch videos, read books and play video games.
- The most important thing that you can do during this first week is to keep the dressing intact! You may see small spots of blood on the dressing. A small amount is OK. Outline the blood stain with a pen. If the bloody spot continues to grow, give us a call.
- Keep the dressing dry. If it appears to loosen you may reinforce with tape. No special equipment required. Whatever works best for you! (We've had kids come back reinforced with duct tape!) NO EXCESSIVE PRESSURE PLEASE!
- When you return to the office for your post op appointment the head dressing will be removed. Dr. Coberly may replace the dressing to be worn for another week. She will make this decision based on the physical exam and your child's level of activity, compliance, etc.
- Your child will be given pain medicine in the form of a liquid. If the child does not tolerate the pain medicine well or if it makes him or her "hyper", try plain Tylenol. Just remember no aspirin, Advil, Ibuprofen or Motrin.

Please call the office at (813) 259-1550 if you have any other questions or concerns.