## Dana M. Coberly, M.D. CARE OF YOUR DRAINS *After Care Instructions*



Your drain works by suction from a compressed bulb. This removes fluid from the surgical site. As the bulb fills with fluid, the suction in the bulb decreases. Dr. Coberly or the nursing staff will show you how to "milk" the drain to prevent clogging.

Your bulb will need to be emptied when it is half full, or approximately 4 times a day. The measurement amounts are on the side of the bulb. The bulb must be uncapped for an accurate measurement. Use the "cc" mark on the bulb for an accurate measurement. You need to keep a record of your drainage to show to Dr. Coberly at your post-operative visit. Please take your sheet with you.

To empty the bulb:

- 1. Wash your hands.
- 2. Hold the bulb upright (drainage plug on top).
- 3. Unplug the drainage plug.
- 4. Turn the bulb upside down and GENTLY squeeze the fluid into the medicine cup for accurate measurement in cc's.
- 5. Set the medicine cup down.
- 6. Recompress the bulb by squeezing it. Continue squeezing it until you have replaced the drainage plug into the pour spout. The bulb should look compressed.
- 7. Wash your hands.
- 8. Measure and record the amount of drainage, and discard the drainage.

## **RECORD OF DRAINAGE**

DATE	TIME	AMOUNT EMPTIED(CC'S)	TOTAL PER DAY(CC'S)