

Post Operative Care Instructions For Nipple Reconstruction

Bolster Dressing Care

1. When you wake up from surgery you will have a bolster that will resemble a small yellow squash sewn on to your breast. Keep this pressure dressing that was applied today in place until Dr. Coberly removes the dressing at your post-op appointment. You will need to purchase nipple pads that will be used as your dressing following your post- op appointment. These can be purchased at any drugstore.
2. You will need to be very careful not to smash your dressings / nipples. Try to sleep on your back or side, not your stomach.
3. If bleeding occurs apply constant gentle pressure for twenty minutes or until bleeding ceases. If pressure is not effective contact our office.
4. On the day following surgery you may shower from head to toe. DO NOT soak your wound in a bath. Clean water running down is ok, try not to completely saturate your dressing.
5. Mild redness around the suture line is expected, however, should you develop severe swelling, redness and/or pus at the wound site, or if you develop a fever of 101 or above please notify us immediately..

Please remember that our staff is here to assist you with any concerns. You are urged to call with your questions.

If you should need to reach Dr. Coberly after hours or during the weekend please call (813) 448-6550 choose extension #6 to reach the answering service.